

# Winter

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In winter Samedan offers an ideal ski lift for the little ones above the village with slopes for first attempts on skis and snowboards or sledding. Experienced ski and snowboard instructors motivate your children to participate in sports and social activities. Thanks to well-developed train and bus connections, the other ski areas in the region, with their large network of slopes, are quickly and easily accessible for demanding snow sports enthusiasts. The Corviglia Marguns ski area also has a direct slope back to Samedan. Snowboarding, carving, telemark and other winter sports trends can be practiced unhindered next to each other and a variety of attractive performances invite you to watch. If you are looking for wide, well prepared trails, you will find ideal conditions in the Samedaner landscape, while those seeking relaxation can be enchanted by the pristine winter hiking trails or indulge in their inspiration on the Philosophers' Trail on Muottas Muragl. The best opportunities for ice hockey, curling and fitness can be found in our "Promulins Arena" sports center. Snowshoe hikes as well as the 4.2 km long toboggan run Muottas Muragl-Punt Muragl complete our varied winter offer. After being active, the mineral bath and spa in the middle of the village provides the necessary relaxation.